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# Monthly Newsletter

JULY 2017

## THE PERFECT GLASS OF SUMMER LEMONADE



When the hot summer days roll around, we've got one thing on our minds when it comes to drinks: fresh lemonade. If you've got a good juicer and 15 minutes, adding a bit of elbow grease to making your own fresh homemade lemonade will make it taste all the sweeter.

The key to a good glass of lemonade is a balanced acidity and sweetness. I make mine by adding more lemon juice and sugar than I think I'll need to my base, then serving the whole thing with a ton of ice. Just like a properly stirred cocktail, the ice melts into the drink, diluting it down to the proper level as you drink it.

### Ingredients:

- 1 cup fresh juice from 10 to 12 lemons
- 1/2 cup sugar
- Pinch salt
- 3 cups cold water
- 1 quart ice

### Directions:

Combine lemon juice and sugar and whisk or blend until sugar is completely dissolved. Add salt and water and stir to combine. Pour into a pitcher with ice. Serve in ice-filled glasses.

For the full article, visit:

<http://drinks.serious-ats.com/2012/06/12-easy-lemonade-variations-homemade-lemonade-flavors.html>

## INTERESTING THINGS ABOUT THE FOURTH OF JULY



The Fourth of July marks our country's birthday. On this day in 1776, the members of the Second Continental Congress met in Philadelphia, adopting the final draft of the Declaration of Independence, proclaiming our sovereignty from Great Britain.

There are a myriad of ways Americans commonly choose to celebrate this holiday – from family-friendly festivals, fireworks and parades to feasting on traditional foods like hot dogs and barbecue.

Here are some interesting things you may or may not already know about the 4th of July.

1. Initially adopted by Congress on July 2, 1776, the revised version of the Declaration of Independence was not adopted until two days later.
2. The oldest, continuous Independence Day celebration in the United States is the 4th of July Parade in Bristol, Rhode Island; it began in 1785.
3. The Declaration of Independence was penned by Thomas Jefferson and signed by 56 men representing 13 colonies.
4. One of the United States' patriotic songs, "Yankee Doodle" was originally sung by British military officers prior to the Revolution as a means to mock the disorganized American colonists who fought alongside them during the French and Indian Wars.
5. France, Greece, Poland, Russia and several countries in South America used the Declaration of Independence as a beacon in their own struggles for freedom.
6. The "Star Spangled Banner" was written by Francis Scott Key during the War of 1812 and not decreed the official national anthem of the United States until 1931.
7. Three U.S. Presidents, John Adams, Thomas Jefferson and James Monroe, died on July 4th; Adams and Jefferson died within hours of each other in 1826 while Monroe died in 1831.
8. In July 1776, the estimated number of people living in the newly independent nation was 2.5 million. According to the U.S. and World Population Clock, the nation's estimated population in 2017 is 3.26 million.

For more interesting facts, visit: <http://thepioneerwoman.com/fun-and-learning/twenty-interesting-things-about4th-of-july/>

## ATS SNOW QUOTE

*"We do not need magic to transform our world. We carry all of the power we need inside ourselves already."*

*-J.K. Rowling*